

REVOLUTION OF MENTAL IN THE PERSPECTIVE OF PANCASILA EDUCATION

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Abstract: Revolution of Mental in The Perspective of Pancasila Education. This scientific writing merely aims to study further the meaning of mental revolution existing in Indonesia as one of such either program or what later is called national movement in order for the nation itself to generate the nation's next generation possessing the great and real character of Pancasila. To say more, the study of mental revolution also has an objective or goal for the youth to be able to compete and face actively the change of the global world characteristically based on Pancasila perspective. This study takes the critical view of the young generation who shows almost little or no respect to the application of the value of Pancasila in their daily. In other words, the jubilee tends to ignore the moral value of behavior containing Pancasila. The study then applies the qualitative method through the study of literature which is then processed using descriptive analysis. This qualitative study furthermore derives the analysis of mental revolution from the perspective of Pancasila education: background, process, and goal of mental revolution itself. To conclude as the last point, it is obtained that the meaning of Pancasila education exceeds the meaning of mental revolution itself, which means that mental revolution is merely one of such many aspects learnt from the education of Pancasila

Key Words: Mental Revolution, Morality, Pancasila Education

Abstrak: Revolusi Mental Dalam Perspektif Pendidikan Pancasila. Makalah ini bertujuan untuk mengkaji makna revolusi mental sebagai program atau gerakan nasional untuk mencetak generasi bangsa yang berkarakter Pancasilais, mandiri, disiplin dan siap bersaing di era global dengan berdasarkan perspektif pendidikan Pancasila. Makalah ini dilatarbelakangi oleh rendahnya sikap pemuda dalam mengamalkan nilai-nilai Pancasila dalam kehidupan sehari-hari. Penelitian ini menggunakan metode kualitatif melalui studi pustaka, kemudian metode pengelolaan datanya adalah analisis deskriptif, penulisan akan mengkaji revolusi mental dari perspektif pendidikan Pancasila; latar belakang, proses, dan tujuan revolusi mental. Kesimpulan dari penelitian ini adalah bahwa makna pendidikan Pancasila melampaui makna revolusi mental, revolusi mental hanyalah salah satu aspek dari pendidikan Pancasila.

Kata Kunci: Revolusi Mental, Moralitas, Pendidikan Pancasila

INTRODUCTION

As it is known obviously, Indonesia is truly a plural nation consisting of many

racess, ethnics, cultures, customs, even the way people do their living in order to get income. What is also very crystal clear

happening In Indonesia has the change in almost every aspect of people's life especially when there is leadership election (it is a way to mention a presidential election as a matter of change). It is not confusing to say further that the change is quite essential to lead the future of the citizen of Indonesia. The change occurs in the form of policy, rules, even law and they are all affecting people's life especially in the term of EDUCATION. Education here refers not only to the process of science and knowledge transferring merely, but also to the process of value transferring as a whole.

It is no doubt that education plays a very significant role in the process of leveling up one of the nation from developing one into developed even advanced country. Once education is well maintained, the government will easily develop the independent concept of nation which then will establish an obvious both short and long term period of nation's development. People who experience good education will have good position among other countries and they also will create better quality of life, achieve some high targets, and not even to forget, they are able to far more jumping a modern and civilized leap in order to gain benefits from their advanced education. One of the benefits they may gain is the achievement of national goal and dream as well. It can

be commented in other words that education must have become the most important aspect for one nation to reach its real existence and identity at the same time.

Indonesia is a nation unified by many diversities of race, culture, language, and faith (Cahyo, 2017). The diversity of background or heterogeneity unifies Indonesia itself as a plural and diversified nation, and in the next process, the plurality directs the nation to concentrate on gathering a great and glorious goal which actually needs people's sacrifice to fight together. Indonesia really needs a solid key, a good cooperation among people and founding fathers to construct a good personality of nation, a great characteristic of people which is coherent with the spirit of Pancasila.

It is realized then, in order to get the picture of the ultimate goal and the dream of the nation which is in line with both The Opening of UUD 1945 Constitution and Pancasila, there is a situation that government needs some concrete and real actions and a good preparation to result a good quality of human resources which at the end can build the nation into a better condition. To maintain a good quality of people, it is so true that government cannot ignore the process of managing, educating, and training young generation to be best of the best people in the nation. It is

commented that the preparation of excellent resources will maintain the continuation of bureaucracy process at last point (Makhmudah, 2016). Other factors to mention that the successful keys to gain superior human quality are obtained through the willingness to upgrade positive mindset, attitude, manner and behavior, professionalism, and honesty are in fact also important. By doing such actions, it is believed that the ultimate goal and the dream of the nation can be gained and reached successfully.

It the needs to explain more that education has long been an essential and influential way of human life. It has also been proven that education is the most upcoming evolutionary way of life that people devote to get in order to be a better creature. It is clearly stated that education has differentiated man from other creatures that God create (Fitriatus, 2019). It is obvious that in Pancasila education man has what is called as need, intelligent, behavior, desire and other existed abilities. By having these kinds men are expected to be able to choose and classify at the same time, filter and the learn what is best and worst for them as well, based on the research conducted by Fitriatus (2019), morality decadency cases occur mostly in developing countries such as Indonesia are sexual harassment, corruption, drugs where young generation takes part of those cases as the most. Cahyo (2017) also states

firmly that some problems dealing with education such as bullying, fighting, murdering, and some cases of disrespecting educators are undertaken by the youth. It normally happens to see that in some schools and institutions, the students no longer respect the teachers and what is more, they don't mind behave well.

In fact, as many experts have already explained in some thesis, education is strongly influenced by family where the first and basic education someone may initially begin. In this case, the family may be called as the first institution of education someone might gain from the very beginning of his or her life, taken as example as a baby after he or she was delivered to the earth by his or her mother. In this smallest group of people, a child will experience his first education started from crying, asking, sleeping, thanking, walking, and even smiling for example. At this place called family, at the first time also, the child develops his intellectual ability and morality at the same time in the same place started from the smallest and simplest activity done day by day, time by time. It is then the reason why the closest and nearest person- especially parents- play a very important and significant role in the process of developing the intellectual and moral ability of one child. It is also a great argument to determine that a future of man is closely related to the model of education someone has already

experienced and pursued in the family provided by parents especially. Since the education in the family is the very primary place of the children to adopt the way their parents behave and do some manners, respond to the problems they face every day, and encounter many boundaries and barriers they stand for. Family, to explain further, is also the beginning of the development of children's mental condition and characteristics (Hakim, 2017).

METHOD

This scientific writing utilizes a kind of literature study research, takes a qualitative model approach in the form of philosophical way of thinking. By far, the data which is gained is analyzed descriptively in order to clear the research itself.

Mestika Zed (2004) in the book of *“Metode Penelitian Kepustakaan”* states very clearly that a study of literature covers not only to seek, to read, and to record the literature itself as many people quite understand but also an activity closely related to a method to gather literature data, to record the data and finally to analyse the data.

Further, as it is explained by Mestika Zed (2004), the three essential reasons to apply a method of literature study in one specific research. On the first

place, there is a specific characteristic of a research which can only be discussed through the literature study. At the second base, some specific researchers are on their initial phase or stage to go deeply through some comprehensive understandings related to the problems within the researches. At last, it is believed that the literature study can reveal main question within the research itself in order to prove the hypothesis.

RESULTS AND DISCUSSIONS

Revolution of Mental

In the late 2014, the term ‘mental revolution’ is warmly sounded in the ear of Indonesian people, since at that time the presidential candidate Joko Widodo scale the mental revolution as one of his main priority to campaign namely Nawa Cita. The term “mental” refers to the psychological barrier which is totally different to the barrier of physical things. It is then continued that the development of human mental will lead human understand himself and the world surround him better now that he shows some great and super high confidence and faith that they really believe in such as their spoken words or speech, behavior, manner, the way to decide something, the way to lead someone, and so on (Makhmudah, 2016).

In denotative meaning, the term revolution means “repeated” which clearly

is defined as the repeated way to become the world class that is mentally educated and honored. To go further, it will definitely take a process and need time to achieve that category of nation where the nation also is in urge to have a good quality of human resource. Meanwhile, once again, this process is not impossible to realize, as Makhmudah (2016) comments on that basically this nation has already shown proper and good mentality such as the spirit of kinship, mutual cooperation, work ethics, tolerance and many other good social value inhibited in people's soul and characteristic. As they are shown, all the good values characterized by the nation have been embedded and rooted in the national fundamental namely the value of Pancasila. Unfortunately, some cases attempt these lofty values to disappear gradually whether they are caused by external factor or internal one. At this point, at the time when the disappearance of the lofty values may get stronger, the movement of mental revolution is the burnt up as a way to return back or to reset the moral degradation of the nation caused by the loss of the supreme values once again.

It is far more believed that one of the efforts to achieve a great goal is by the way increasing the quality of human resources in one nation as the first place. It is the causing the question of how does one increase the quality of the people? The

answer lies on the good and professional education. What does the term education means moreover? It simply means that the mental revolution will never be enough to gain by speech only. One nation will not change itself if it only provokes the people through spoken words, seminar, or performance only. It is realized then that forming the way people think and mentality of someone is not easy like to cut a piece of cake, but, somehow, it is still a way that nation may gain in order to go to the goal. Developing mental revolution is acknowledged as a very long process taking a very great effort and sacrifice. The old way of thinking needs to change, the new characteristics needs to develop, the new habit must be gained step by step. What is needed to change gradually is the basic way that people might think, might behave, might show, the mental treatment people may perform in their daily life. As it is known previously, a good attitude will bring a good result. Basically, there are three fundamental values of mental revolution that someone may apply which are called integrity, work ethic, and kinship or mutual cooperation. By implementing these three values in people's life daily, it is not impossible to state that a better way of changing will then be realized after all.

Intrinsic Value of Mental Revolution

Denotative meaning of revolution defines the word as "repetition" containing

the understanding to underline a powerful struggle fought together by one nation to reach back the goal to be a great nation which has value, glorious characteristic, integrity and sense of Pancasila overall. Hence, it is all to say that the intrinsic value of mental revolution is actually the guidance where the character will create habit and habit in turn will generate civilization. Based on Large Dictionary Indonesian (Kamus Besar Bahasa Indonesia), revolusi is clearly defined as a basic change of mankind in one specific field, while at the same time the dictionary also defines that mental is related to not only body or physical things but also spiritual side and characteristic of mankind (KBBI, 1991). To go further, the definition of mental revolution clearly determines some things which are closely related to spiritual, psychological, and or very fundamental value believed by a man or a group of people, or a nation living a nation has been preparing a proper condition for its citizen in order to live a better life, to live effectively for reaching the goal at last. It is realized that education does not refer only to the activity of teaching and learning in a classroom but also much more than that where education leads a nation together with its citizen to grow and develop self-consciousness and self-awareness for the sake of reaching the ultimate goal. Education really orientates

the effort to increase the quality of human resources to have excellent characteristics such as independency, honesty, and ability to compete in the global world.

Historically speaking, along with the history of our nation, the terminology Revolution of Mental is acknowledged for the first time by The First Indonesia President, Ir Soekarno. It was stated clearly when he gave a flaming speech commemorating Indonesia Independence Day on August 17, 1957. Mental revolution based on Soekarno's term of definition was set up as a new life movement to constitute a mankind soul of Indonesia to experience a new man characterized by hard working attitude, sincere heart, solid soul and flaming action. Soekarno thought at that time that the mental revolution of Indonesia stopped suddenly even though the ultimate goal of revolution itself was not at all reached satisfactorily (Budimanta, dkk, 2015).

Seen from the very basic substantial content, it is then true that the value containing in the idea of mental revolution is actually the way to form the transformation of ethos change, where it simply means a veritable fundamental change covering some factors such as mentality and personality at the same time, the way of thinking and viewing, the way of feeling, the way of believing, which are then implemented and applied into habitual

action or performance that people do in their everyday life. Thus, this essential ethos will overlay all aspects of human living dimension started from the field of economics, politics, law, art and culture, social phenomenon, faith and religions and so on and so forth. Later, in the next phase or stage, this ethos will globally reconstruct a nation mentality into stronger character and vision undoubtedly (Budimanta, dkk, 2015).

According to Fajarini (2014) the real term of professional education takes a very important point to form the character of students while on the other hand it is also essential to notice that a good character of student is absolutely obtained from what is known as “integrity”. McCain (2009) also comments on that the term honesty is basically a form of what is called as devotion to one single kind of aspect namely self- consciousness which finally leads into habit and becomes a character. For that reasons anyway, actually the main core of integrity is merely a terminology of showing honesty to both other persons and itself and the ultimate way honesty will be then personified into someone’s consciousness.

As it is informed, the concept of noble character is basically taken from the understanding that it is a real from dominating human’s thought and then it is gradually being implemented and embedded into someone’s quality of

behaving. It is then coming into a conclusion that something dominating human’s way of thinking will then be based on some noble values that is experiencing a gradual process to complete the value into what it is said as character (Raharjo, 2010). On the other words, it can be defined that character is the noble value that people realize in their heart and it thus can be implemented in many situations and conditions such as the way people behave at home, school, worship place. It also can be seen from how people work, eat, play, speak, cooperate, etc. It is then true that the good character which is developed step by step, continuously, and strategically will clearly construct an excellent mentality of a nation generation and finally, of course, the development will reach its best.

Fundamental Concept of Pancasila Education

It has already been explained that the denomination of education underlines one of the fundamental characteristic of the nation character development. This development should, to be clear, go along together with some nation strategy covering its own socialization, empowerment, and cooperation undertaken by the nation. In the real factor, the characteristic building manages a very systematic and integrated approach involving some related elements inside a nation such as family, education, government, civil society, mass media, and

the business world and industry (Kemdiknas, 2011). To implement and supervise a good nation character, a veritable strong commitment is needed to develop some good values reflected from the value of Pancasila itself. That is then becoming the reason why the implementation of Pancasila plays a vital role at school and other education institutions in Indonesia after all. It aims undoubtedly to form what is called as Pancasila nation of life where all the citizens apply the value of Pancasila into their daily life. In order to realize this goal, it is absolutely important to involve the content of education, the quality of education process, the quality of people at school and other education institutions, education management, and many other related activities.

The existence of Pancasila itself as the fundamental national philosophy is further referring to a system of unified and integrated value seeing Pancasila as one unified way of thinking and behaving reflecting Indonesia as a nation. Moreover, these five principles contained in Pancasila are connected one into another and in turn, they work together coherently and cohesively to achieve one final dream namely the nation of Indonesia which is in justice, welfare and prosperity. It is actually a nation goal which is stated

explicitly in the Opening of Constitution 1945.

So far, it is no doubt to loudly say that Pancasila has been the ideology of the nation of Indonesia, the philosophy of Indonesia, the fundamental of Indonesia, and one important point to note out is the way to unify a plural and heterogeneous nation of Indonesia. That is the primary reason thus to mention that Pancasila is the real identity of Indonesia and not to forget again the common denominator after all. In advance, the duty of the nation generation to actualize the implementation of Pancasila values and also its application in the real life takes a very important part. It is in urge to reframe again the glory of Pancasila in many kinds of people aspects started from family as the informal way of learning and also smallest unit in people's life, up to school as the formal way of teaching and learning activity. It should then be realized that the implementation of Pancasila must also exist in society as the biggest group of nation. To make it up to date, Pancasila needs also to be contextualized in modern context which is still always related to life.

The sacred values within Pancasila contain substances which are totally believed closely related to the concept of God or divinity and the culture. This sacred momentum is clearly seen in the Introduction or Preamble of The

Constitution of 1945 describing a very generous acknowledgment of the national heroes. The sentence of “By the Grace of God Almighty” clearly shows that it basically takes a very great effort for the citizen of Republic of Indonesia to reach the blissful point of leading the Indonesian people safely and well before the monumental gate of independent Indonesian State which shall be free, united, sovereign, just and prosperous. (Latif, 2011). The awareness of the existence of God in people’s heart lead the behavior of the people to always think before and act wisely every single thing as if they are controlled and seen by the God directly. This kind of morality message is basically the values of Pancasila which are always be a matter for the founding father to campaign them to the Indonesian people.

The consciousness of the people to always implement the values within Pancasila is considered important to grow the tolerance values and understanding among people in order to make better life of national living. To point out, this is actually the important ethos shall be internalized to all the people of Indonesia Republic.

Good attitude of nationalism takes place in how to perform good morality, retention and love of the nation. It is believed that these important values shall be applied to the young generation who in

turns will run the sacred effort of our founding fathers. Besides, the expectation to conduct the values of Pancasila for the youth also makes them as a good *role model* for the next generation. That is the reason why the implementation of Pancasila values should be developed and continued.

Pancasila containing its lofty values may give guidance to the nation in every aspect of life for the sake of the nation itself which is a good character and strong national identity as it is realized by the founding fathers that today young generation might show or perform unexpected kinds of personal characteristic. The youth should become aware of the concept of Pancasila which guides the nation reaching the goal of good citizenship. It means simply that Pancasila is a reflection of the way the nation behaves and performs at the same time. It is then true that Pancasila is a rational way of thinking to act out the richness of cultural identity of Indonesia. Pancasila also takes a very important part for the nation to maintain the national ideology. Unfortunately, for some reason and for some parties, Pancasila is often misinterpreted as a way out showing what is called as an authoritative nation now that some of the authoritarians underlines that the term of ideology is strongly connected to both social connection and stability. It is actually a misleading conception as stated

by Wahyudi, (Wahyudi 2004) stating that ideology should be in its uniformity.

A long history of Indonesia has recorded from the beginning of the nation's life that the values of Pancasila is the powerful source of a nation to struggle and fight against colonial domination. It is already proven that Pancasila unifies the plurality and diversity of the nation showing that the spirit of Pancasila is able to lead the nation struggling and fighting hardly reaching the national freedom. Pancasila on the other hand, after the forming of Independence day in 1945, is really reflecting the national identity and characteristic. Moreover, it is also very accurate to say that Pancasila is a home for the nation, where Pancasila provides a comfortable feeling for the nation whenever it is needed. At last, Pancasila strengthens also the diversity and plurality in Indonesia which is known rich of many different cultures, races, religions, and point of views. eka ragam budaya, suku, ras maupun agama. It is definitely undoubted since at long time ago Pancasila stood up firmly and was seen as the reflection of solely way of life of Indonesia.

It is then restated again that Pancasila education containing sacred values builds up the character of the nation covering three things as below;

1. Developing the natural potent of learners to become a generous and virtuous characteristic of the nation, show good deeds, and think clearly.

2. Building up the nation character which is in line with the norms contained in Pancasila.

3. Improving potential behavior of a nation to actualize a discipline attitude, not easily giving up, self-confidence, and pride to be a part of the nation who loves each other (Kemdiknas, 2011).

The implementation of character education in Indonesia has already been in line with a standard curriculum guidance identified by 18 sacred values based on Region, Pancasila, and National Education Objective namely: religious, honest, tolerant, discipline, working hard, creative, independent, democratic, highly curious, loving the nation, spiritual, achieving, reading and responsible at last. (Kemdiknas, 2011). These 18 values will enable the nation to set up and at the same time continue the long term plan as the national objective which is eager to achieve.

Education as an Effort to Gain Mental Revolution

It does count to mind that education plays an important factor which is proven effective and efficient to gain benefit of mental revolution. It is further explained that providing education to the people of

the nation is the best way to internalize the values of mental revolution in order to maintain character education suitable with the loft goals of the nation. Why is education called as an effective way to maintain a nation character? It is due to the reason that education is a place to integrate many fields of the study comprehensively. By applying education into people's daily life continuously, education activates the spirit of mental revolution both internally and externally so that it is assumed really taking into action in order to reach the national goals. The application of education in maintaining mental revolution will be different depending on various condition and situation that people might experience. The most important thing to notice is that the implication of mental revolution covers many good things such as good role model, way of thinking, creativity, self-independency, and effective communication among others.

Talking deeply about education itself, mental revolution is strongly determined by both building up good characteristic of learners and developing national identity. Up to this point therefore, the role of the educators specifically teachers are very essential to realize the goal of mental revolution at last. Teachers here can be mentioned holding a basic key functioning as a role model to the learners giving a good example of showing mental revolution. It is the very true that realizing

mental revolution should then begin with education as one major field and simultaneously is continued in many other factors in living society as a free nation. It can hereby be said that education will at least take around 18 years started from pre-school education, beginner level namely kindergarten and elementary school continued by high school one up to university. It is not really wondering that teachers should have more responsibility which is in line with the higher level of learners' education in order to realize the ultimate goal of the nation after all.

Continuing the important part of education, it is also an urge state to underline again that the representation of education is expected sooner to achieve a fully characterized generation is the nation wishes. The building of character hereby becomes the turning point, the initial and good start, to implement mental revolution effectively by far. It is believed thus that effort to form good manner becoming real habit reflected in people's daily life will bring an influential change as it transform next step generation's mentality, spirit and morality at the same time, pride and love to the nation in return. One good starting break to adapt mental revolution in Indonesia can be seen from the process of teaching and learning in Islamic boarding school. Society assumes that the existing education of Islamic boarding school has been proven quite effective to create good

character of its students compared to general school.

The process of character building of the learners in education field initially begins with the acknowledgement of the concept of right and wrong, proper and improper way of behaving and manner in learners' daily life. In the stage of preschool learners start to inhibit the process of education through family. Family is assumed as an effective way to initial the process of character building since parents will be the learners' model to imitate good characters. Parents are called as a central key to educate the learners through their behavior in the daily life so that learners will gradually implement this good habit or character. It is then very important to notice that parents should provide an ideal condition or situation for learners to replicate, resemble, and duplicate the example of good personality at last. Next, at the school age, learners have already experienced education outside family, outside their house, whereas the learners show the tendency to obey more their teachers rather than their parents. At this moment, the application of ideal characteristic or personality is best given to the teachers in where they become the role model, the epicenter for the learners to build excellent traits of learner. Hereby, the school environment is also involved as part of the learners' effort to

pass the education of mental revolution. School tends to give big influence for the learners to reach better process of living a life. Subsequently, teenager stage stands for the learners next phase, it is crucial for them to determine what kinds of characters they should have when they grow up into adults. Putting up together, social environment, school, and family take an equal and important part to support the learners' mentality to grow up better. It is then becoming the reason why some good coordination, cooperation, and management are urgently needed in order to fulfill the target of the nation to generate an excellent mentality of the youth. It cannot be denied that education plays a very important role to realize mental revolution for the sake of the nation after all to bring back again the glory of the nation. It is believed that every single step of the strong effort and determination will give a great impact to the nation as long as the determination is based on a good will, persistent and consistent wish.

Another significant factor which is important to point out at the time when the nation tries its best to maintain mental revolution through Pancasila education perspective is implementing role model reflecting the value of Pancasila itself (*uswatun hasanah*). Above all, a good start to conduct mental revolution refers to the management and training of the teachers,

lectors and all educators to be the best role model for the learners as well. It is commented on further that educators, here it refers to the teachers especially, play a very fundamental role or become an important key to do mental revolution. Teachers are the epicenter of mental revolution itself. Through the performance of teachers the learners then will implement exactly the same behaviors or in other words learners will directly copy the attitude of the teachers. Henceforth, remembering the extensive, strategic, and significant role of the teachers in the effort to do mental revolution in Pancasila education perspective giving influential factor into the quality of education as a whole, the teachers are required to embed or inhibit some of the important factors such as good characteristic, good role model, good competency and excellent capability and accountability as professional teachers so that the learners can satisfactorily imitate their teachers directly. It is then stated clearly in Law of Education that teachers and educators must have four competencies for sure namely pedagogic competency, professional competency, personal competency and social one. These all competencies should have been integrated and embedded into the teachers' personality so that the learners can have a good example of how mental revolution is performed in their daily life.

CONCLUSION

It is then not difficult to conclude so far that Pancasila education as a matter of fact has wider meaning than the meaning of mental revolution. The content of Pancasila education covers three essential and important matters which are first, developing the natural potent of the learners to own what is called as noble characteristic and clear thought. Second, the value of Pancasila develops characteristic of nation while third matter notes strongly the development of potential ability of citizen to encourage and grow some excellent behaviors such as discipline attitude, not giving up easily, self confidence, loving ability and the pride to be a part of the nation. Up to this point, it is very crystal clear that mental revolution is solely a great effort to reach an ideal life of a nation namely living in justice, safety, welfare and prosperity after all.

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